



# EzyAs™

## INSTRUCTION GUIDE

Short video clips can be viewed  
at [www.ezyasabc.com](http://www.ezyasabc.com)



## CONTENTS

---

Loading your garment onto the applicator	3
How to apply your leg stocking	4
How to apply your arm sleeve or gauntlet	6
How to apply a stocking to another person	6
Fitting and using the handle attachment (sold separately)	7

---

Episode & People's  
Choice Winner\*  
Plus  
Grand Final  
Les is More - Big Heart  
Award Winner\*



the new inventors

# LOADING YOUR GARMENT ONTO THE APPLICATOR

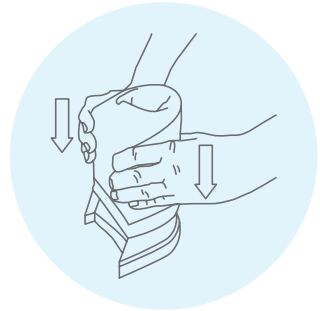
## STEP 1

Position the applicator on a firm surface at a comfortable working height with the elongated hole facing you. Ensure the heel of your stocking is centred as you lower the garment into the applicator.



## STEP 2

Grip your garment and slide it down over the outside of the applicator until the heel pocket is at the top and aligned with the center of the applicator.



---

## HELPFUL TIPS

For those who have limited hand strength, the use of **Ezy Glove** ([www.ezyasabc.com](http://www.ezyasabc.com)) will help.

# HOW TO APPLY A LEG STOCKING

## STEP 1

Seated in a cross legged position, place the loaded applicator over your toes. Hold the heel pocket as your toes enter the stocking.



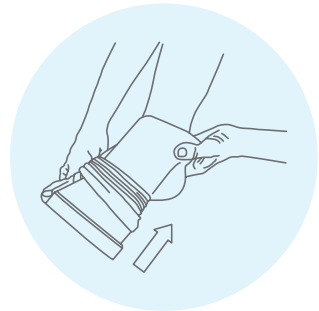
## STEP 2

Release the heel pocket of your garment as it aligns with the heel of your foot.



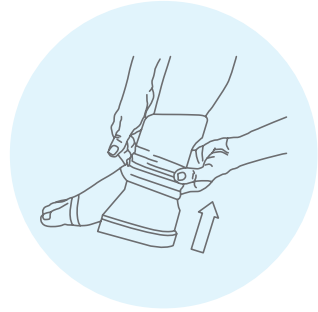
## STEP 3

Your heel will slide into the elongated hole as you continue to move the applicator along your foot. As the EzyAs™ changes direction around your ankle, slide your stocking along the outside of the applicator to assist in making it a smooth turn.



## STEP 4

Slide your garment off the applicator as you move it towards your knee.



## STEP 5

When fitting the above knee type stockings, remove the EzyAs™ at the base of your knee by simply moving it backwards to free it and continue to slide the upper leg portion of your garment into place by hand.



---

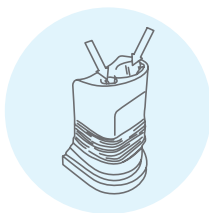
## HELPFUL TIPS

- Another option for people with a restricted range of movement is to place the applicator on the floor and lower their foot into the stocking. The use of a suitable piece of furniture such as a table or chair for extra support should also be considered. Please do not attempt this method if you are unable to stand safely on one leg. Watch our instructional videos at [www.ezyasabc.com](http://www.ezyasabc.com)
- The optional **handle attachment** is able to help clients who have poor balance and difficulties reaching their feet.

## HOW TO APPLY YOUR ARM SLEEVE OR GAUNTLET

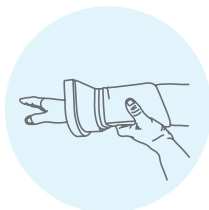
### STEP 1

When you load your arm garment over the applicator, bring the opening for the fingers and thumb to the centre of the top rim (as indicated by the arrows).



### STEP 2

Place your free hand around the curved side of the applicator and slide your garment off the applicator as you move it along your arm.



## HOW TO APPLY A STOCKING TO ANOTHER PERSON

### STEP 1

When applying an open toe stocking, grip the stocking against the applicator to prevent it from sliding off as you position it over the toes. Once the heel pocket is in place, release your grip and slide the stocking off the applicator with your hands.



### STEP 2

Ensure the heel and toe are in the correct position, the stocking is at the correct height and there are no wrinkles.



## HELPFUL TIPS

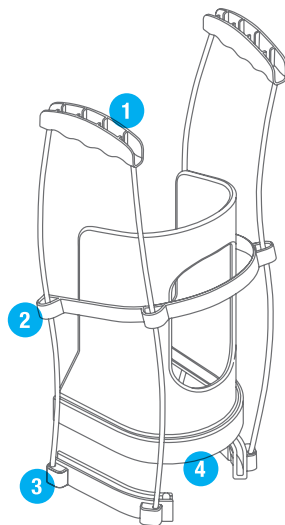
- Holding the wrist cuff when you first put your hand through a sleeve style compression garment can prevent it from slipping up your arm. This method also applies to tubular bandages.
- The EzyAs™ is an ideal solution for carers and nursing staff who apply anti-embolism stockings and tubular bandages to patients who are in bed.
- For more information on how to use the EzyAs™ with tubular bandages or arm garments, visit our website at [www.ezyasabc.com](http://www.ezyasabc.com)

# FITTING AND USING THE HANDLE ATTACHMENT (SOLD SEPARATELY)

## ASSEMBLY INSTRUCTIONS

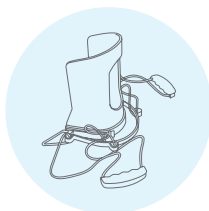
Attach the bottom rope clips (3) to the lower rim of the applicator (4) by pressing each one on until you hear it lock into position with a “click” sound.

- 1 Handle grip
- 2 Intermediate band
- 3 Bottom rope clips
- 4 EzyAs™ applicator



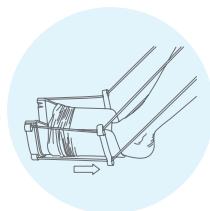
## STEP 1

Place the handle grips (1) in a position where you can easily pick them up again after you have loaded your garment onto the EzyAs™.



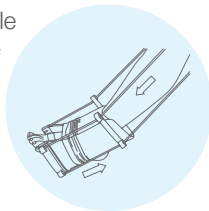
## STEP 2

While seated, pick up the applicator via the handle grips and lower it to the floor. Start your foot into your stocking by pulling slowly on the handles.



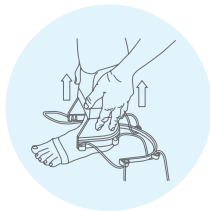
## STEP 3

Extend your leg out while holding pressure on the handles and your heel will be guided into the elongated hole as the applicator moves over the ankle.



## STEP 4

Use the handle until you are able to reach your stocking and slide the remainder into place by hand.



## HELPFUL TIPS

- The optional **handle attachment** is designed to fit any size applicator in the EzyAs™ range.
- Many people report the EzyAs™ with **handle attachment** provides a simple solution to applying ordinary socks.



Made in Australia by  
EzyAs ABC Pty Ltd  
ACN 159 252 856  
Telephone: 1300 439 927  
(1300 4 EZY AS)  
International: +61 418 386 637  
Email: [info@ezyasabc.com](mailto:info@ezyasabc.com)  
**[www.ezyasabc.com](http://www.ezyasabc.com)**



Wellkang Ltd  
Suite B, 29 Harley Street  
London W1G 9QR UK  
[www.ce-marking.eu](http://www.ce-marking.eu)

#### **Care instructions**

- Clean with warm water and mild detergent only
- DO NOT place in direct sunlight or near a heat source
- DO NOT autoclave

Failure to adhere to these care instructions will void the lifetime guarantee

**Internationally Patent Protected**